

SAVAGE FITNESS PACKAGES

FREE
DELIVERY

PROTEINS

Coconut crumbed chicken
w salsa verde

Grilled chicken w salsa verde

Pan-fried Mahi Mahi w lemon aioli

18 hour Beef brisket,
Australian Black Angus

Pumpkin & tofu steak
w cashew pesto (vg)

Baked sweet potato w avocado,
tomato, sweet corn & pesto (vg)

JUICES - 45

Red
Beetroot, apple, carrot, lime & pear

Green
Apple, spinach, kale, celery & ginger

Orange
Carrot, apple, mandarin & turmeric

Yellow
Pear, watermelon, lime, ginger & turmeric

SALADS - 55

60 **Bulgur tabbouleh**
Bulgur cracked wheat, basil,
parsley,
mint, sunflower seeds, chickpeas,
cucumber & capers

80 **Green papaya salad**
Green papaya, purple cabbage,
pomelo, chilli, apple, coriander,
mint, peanuts & sesame seeds

120 **Green beans & coconut**
Green beans, coconut, apple,
edamame, dried chilli & red onion

75 **Leafy green**
Basil, parsley, coriander, spinach,
rocket, apple & zucchini

SMOOTHIES - 55

Tropical Storm
Pineapple, banana, strawberry,
mango, dragon fruit & coconut water

Cacao Jambo
Coconut milk, raw cacao, banana,
peanut butter & maple syrup

Green Power
Banana, spinach, pineapple, avocado
& coconut water

SIDES - 40

Hand cut sweet potatoes

Green beans & shallots

Sweet corn & edamame

Pumpkin & ginger purée

Sautéed button mushrooms

Smashed baby potatoes

Maple glazed roasted carrots

Cucumber & herbs salad

Roasted & spiced cauliflower

Smashed avo & feta

EXTRAS - 15

Savage coleslaw

Eggs your way (2)

Sweet potato roesti

Hummus

Bacon

Roasted tomato

MAKE IT A COMBO

1 protein + 1 salad + 1 side

Coconut crumbed chicken w salsa verde	110++
Grilled chicken w salsa verde	110++
Pan-fried Mahi Mahi w lemon aioli	135++
18 hour Beef brisket	175++
Pumpkin & tofu steak w cashew pesto (vg)	110++
Baked sweet potato w avocado, tomato, sweet corn & pesto (vg)	110++

CONTACT FOR ORDERS: Contact@thesavagekitchen.com / Whatsapp : +62 819-1641-4541