

## **BREAKFAST**

Overnight oats & chia pudding  
Cold brew coffee

## **LUNCH**

Bottled coconut water  
Salad with choice of grilled chicken  
breast  
or roasted pumpkin

## **DINNER**

### **MAINS:**

Whole roasted cauliflower or  
Whole/ half roasted chicken or  
24hour slow-cooked beef brisket

### **SIDES (CHOOSE 2):**

Hand cut potatoes  
Green beans with crispy shallots  
Glazed carrots  
Sweet corn edamame  
Sweet potato wedges

### **DESSERT:**

White chocolate cheesecake with  
berry coulis